

# LIVING

... TO A VIBRANT LIFE.



## *A Centered Life*

Christine Hopkins, DDS. MS.  
Advanced Dental Center

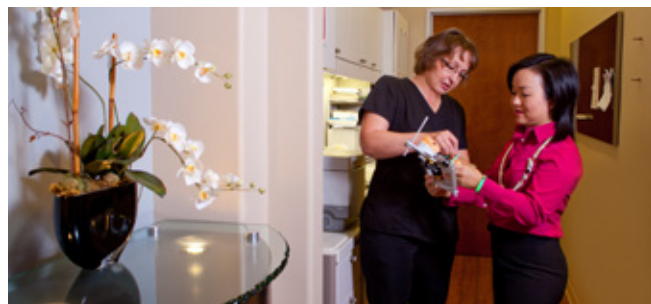
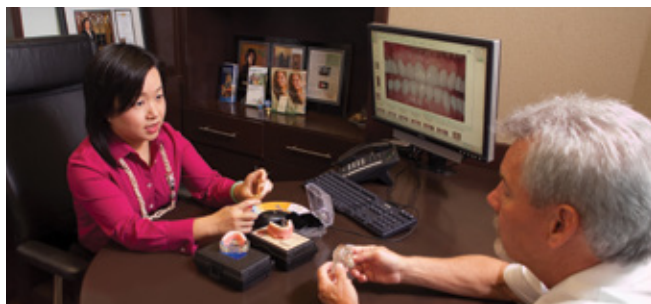




By Grant Zellner  
Photography by JBeck Photography

# Christine Hopkins, DDS. MS.

Advanced Dental Center | A Centered Life



**A**t Advanced Dental Center, patients with debilitating tooth loss and pain due to disease and other causes enter hopeless but leave feeling rejuvenated, both physically and mentally. Patients of all ages, with a wide variety of dental needs, have discovered complete healing with Dr. Christine Hopkins, and those individuals with especially dire conditions often find that their long, heartbreaking battles finally end victoriously under her care.

An award-winning graduate from the nation's top dental school, Dr. Hopkins elected to attend three additional years of advanced education in order to become a prosthodontist. As a prosthodontist, she not only provides general dentistry, but also treats even the most difficult cases by leading a team of experts in multiple disciplines – such as orthodontics and oral surgery – to provide patients with comprehensive dental care. Her skill in cosmetic and restorative dentistry makes her a highly sought-after dentist and one of *Living Magazine's* 2013 featured “Women in Business.”

As a leading businesswoman, Dr. Hopkins knows that caring isn't always easy; and, of course, the most rewarding things in life never are. Leading patients down the journey toward healing requires commitment, compassion, and faith. It demands a genuine love of people and the wisdom to renew oneself daily by keeping a balanced, centered life. The sense of personal renewal and satisfaction Dr. Hopkins receives from her time with loved ones, her hobbies, and her charity work outside the office has a profound effect on the care her patients receive inside the office.

For Dr. Hopkins, it starts with her husband and her family. “I live for my children,” she says. Her nine-year-old daughter and six-year-old son fill their days with diverse interests. Like Dr. Hopkins, both are involved in music, playing classical piano. Additionally, Dr. Hopkins is blessed to live near family. Born in Taiwan, she followed her brother to the United States at the age of 18. She now feels fortunate to be living near both her brother and her parents, who have come to the U.S. and have retired in the Dallas area. These loved ones, she says, give her the support and strength that she passes on to her dental team and to her patients every day. Dr. Hopkins also spends time alone, often tending to her rose garden. The gentle touch and patience her garden requires provide a restful and peaceful escape, which she feels is vital to her being able to provide only the best to those under her care.

But, to lead in business, one must also be focused on community. “I feel it is important for businesses to support causes because often businesses can have a bigger impact than individuals,” she says. Last fall, Dr. Hopkins and her team answered a very special call, touching the lives of families everywhere. Because of their close relationships with some very special patients whose lives have been affected by cancer, Dr. Hopkins and her team formed “Team Smile” and invited patients to run with them in the Light the Night event, for the North Texas Chapter of The Leukemia & Lymphoma Society®. Through a myriad of fundraisers, Team Smile, comprised of dental team members and patients alike, raised nearly \$5,000 for the cause, while fielding the largest team at the event. Each year, more people find themselves getting involved in their community through the opportunities provided by Dr. Hopkins and Advanced Dental Center – a trend that Dr. Hopkins hopes will continue!

When it comes to the future of women in business, Dr. Hopkins sees encouraging developments, beginning with her own field. As a dental student, there were only ten women in Dr. Hopkins' class of about 100. Several years ago, at a teaching engagement at Baylor University, she noticed a 50/50 split in the class and is happy to see more women choosing career paths that will make them influential members of the business community. She is excited that more women, like herself, are discovering balance between business, community, and family, while bringing a unique perspective on caring for others to the many fields in which they are involved.

For Dr. Hopkins, emphasizing balance and centeredness in life increases her capacity to care, helping her create beautiful smiles every day – on both the faces of her patients and on the faces of the lives she touches through her service and dedication to her community. ///

## **Christine Hopkins, DDS. MS.**

972-781-0209

6541 Preston Road | Plano, TX 75024

SmilesbyADC.com

Facebook.com/AdvancedDentalCenterTexas